

Resources for Parents and Caregivers

Title	Description	Tips for the Reader
<u>Childhood Traumatic Grief: Information for Military Parents or Caregivers</u> National Child Traumatic Stress Network	This guide looks at the situations specific to military families such as prolonged deployments and serving in harm's way.	This series of resources targets the specific relationships and situations of loss of life that impact children. Available in English and Spanish.
<u>Childhood Traumatic Grief: Information for Parents and Caregivers</u> National Child Traumatic Stress Network	A more general guide for adults in addressing the grief of children who experience sudden or violent loss.	This series of resources targets the specific relationships and situations of loss of life that impact children. Available in English and Spanish.
<u>Guiding Adults in Talking to Children about Death and Attending Services</u> National Child Traumatic Stress Network	This piece turns its advice from the actual act of bereavement to the public rituals that surround death.	This series of resources targets the specific relationships and situations of loss of life that impact children. Available in English and Spanish.
<u>The Power of Parenting: How to Help Your Child After a Parent or Caregiver Dies</u> National Child Traumatic Stress Network	This specific guide explores the most immediate relationships of childhood, that of parents and caregivers.	This series of resources targets the specific relationships and situations of loss of life that impact children. Available in English and Spanish.
<u>Parent Guidelines for Helping Youth After a Mass Violence Attack</u> National Child Traumatic Stress Network	This guide distinguishes the experience of mass violence as distinct from that of other traumas.	This series of resources targets the specific relationships and situations of loss of life that impact youth. Available in English and Spanish.
<u>Parent Guidelines for Helping Youth after a Bombing/Tornado/Wildfire/Earthquake/Arson/Pandemic</u> National Child Traumatic Stress Network	These brief tip sheets are targeted in response to each specific type of disaster, as distinguished from general overviews.	This series of resources targets the experiences of youth who have survived weather-related or human-made disasters. Available in English and Spanish.
<u>Tip Sheet for Parents on Media Coverage of Hurricanes/Violence</u> National Child Traumatic Stress Network	This guide offers advice on decisions parents must make about what reporting and how much media coverage is appropriate and helpful for children and youth.	This series of resources targets the specific relationships and situations of loss of life that impact children and youth. Available in English and Spanish.

<p><u>Coping with Unconfirmed Deaths: Tips for Caregivers of Children and Teens</u> National Child Traumatic Stress Network</p>	<p>The uncertainty of an unconfirmed death and the lack of regularized public rituals to acknowledge this situation are at the center of this article’s guidance.</p>	<p>This series of resources targets the specific relationships and situations of loss of life that impact children and youth. Available in English and Spanish.</p>
<p><u>Parent Tips for Helping Adolescents/Infants and Toddlers/Pre-School Aged Children/School-Aged Children After Disasters</u> National Child Traumatic Stress Network</p>	<p>Each piece in this collection of resources is targeted to a particular developmental stage.</p>	<p>This series of resources targets the specific relationships and situations of loss of life that impact children and youth. Available in English and Spanish.</p>
<p><u>Your Child Is at Risk for Mental Health Issues After a Disaster</u> Centers for Disease Control</p>	<p>This brief article outlines the risks for children after a disaster and recommends coping skills.</p>	<p>This is a general introduction to ways in which disasters negatively and disproportionately harm children.</p>
<p><u>Children and Disasters Special Collection</u> Natural Hazards Center</p>	<p>This collection of materials includes fact sheets, tools and assessments of how location impacts the vulnerability of children.</p>	<p>These articles are brief, drawn from a variety of disciplines, and are intended for a broad audience of public health practitioners, emergency managers, policy makers, journalists, and others interested in the ways children are impacted by disaster.</p>