

Apps

Title	Description	Tips for the Reader
Helping Kids Cope in Disasters App National Child Traumatic Stress Network	Helps parents talk to their kids about the disasters they may face and know how best to support them throughout—whether sheltering-in-place at home, evacuating to a designated shelter, or promoting healing after reuniting.	Mobile and Android Versions that bring online resources to phones.
Behavioral Health Disaster Response App Substance Abuse and Mental Health Services Administration	Allows users to: 1) Access resources including tip sheets; guides for responders, teachers, parents, and caregivers; and a directory of behavioral health service providers in the impacted area. 2) Download information on phone before deployment in case of limited Internet connectivity in the field. 3) Review key preparedness materials to provide the best support possible. 4) Send information to colleagues and survivors via text message, email, or transfer to a computer for printing. 5) Find interventions to help survivors of infectious disease epidemics.	Free app offers first-responders immediate access for any type of traumatic event at every phase of response, including pre-deployment preparation, on-the-ground assistance and post-deployment resources.
Provider Resilience National Center for Telehealth & Technology	The intense demands on time and personal resources can lead disaster responders to burnout, compassion fatigue, and secondary traumatic stress. Through psychoeducation and self-assessments, Provider Resilience gives frontline providers tools to keep themselves productive and emotionally healthy.	Free app.